

Massage Client Intake

Name _____ Date of Birth _____
Address _____ City _____
State _____ Zip _____ Phone _____
Email _____
How did you hear about us? _____ Referred By _____
Emergency Contact Name and Phone _____

Massage Information

Have you had a professional massage before? Yes No

If yes, how frequently do you get a massage?

If yes, do you have a style or pressure preference?

Specify: light medium firm pressure

Other _____

What type of massage are you seeking today?

Relaxation Deep Tissue Therapeutic Sports

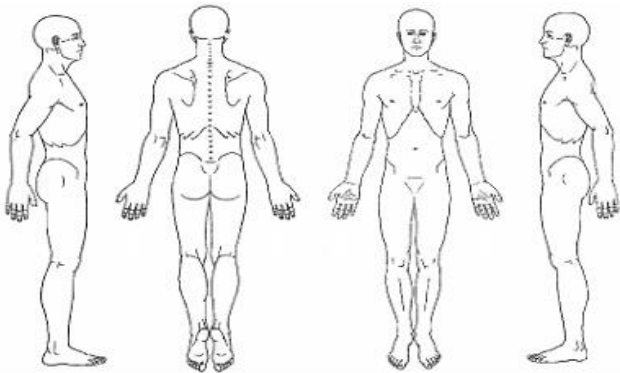
Pregnancy Hot Stones Other _____

What do you hope to accomplish with today's massage?

Do you have any known allergic reactions? Yes No

If yes, please describe _____

What are your common areas of pain or tension?



Medical History

Do you suffer from chronic pain/discomfort?

Yes No If so, for how long? _____

Do you know what causes/caused it or when the symptoms seem to get worse or better?

Are you currently under medical care? Yes No

Are you currently taking any prescription medication?

Yes No If so, please name meds and reason

Please indicate any condition that you have had or currently have:

- | | |
|---------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Allergies/Sensitivity | <input type="checkbox"/> Currently Pregnant |
| <input type="checkbox"/> Arthritis/ Tendonitis | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Bruise Easily | <input type="checkbox"/> Epilepsy/Seizures |
| <input type="checkbox"/> Cancer/Tumors | <input type="checkbox"/> Neck/ Back Injuries |
| <input type="checkbox"/> TMJ Problems | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Abnormal Skin Condition | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Heart/Circulatory Issues | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Sprains/ Strains |
| | <input type="checkbox"/> Joint Replacement |

Explain any condition marked above: _____

Consent for Treatment

By signing this consent, I agree that I have stated all health conditions that I am aware of and the information is accurate to the best of my knowledge. I will inform my massage therapist if anything changes in my status. I understand that the bodywork I receive is for the purpose of stress reduction and relief from muscular tension. If I experience any pain or discomfort, I will immediately inform my massage therapist that the pressure and/or methods can be adjusted to my comfort level.

I understand that a massage therapist cannot diagnosis illness, disease, or any physical or mental disorders. As such, the massage therapist does not prescribe medical treatment or pharmaceuticals, nor do they perform any spinal or skeletal manipulations. It has been made very clear to me that this massage therapy is not a substitute for medical examinations and/or diagnosis and I understand that it is my responsibility to consult a physician for any ailments I may have.

Given the above, I understand that response to treatment varies on an individual basis and that specific results are not guaranteed. I understand that I am receiving massage therapy at my own risk. I understand that draping will be used during my massage session and that only the area being worked on will be uncovered. Sexual advances and other verbal or physical conduct of a sexual nature will constitute as sexual harassment and will not be tolerated, resulting in immediate termination of the session and I will be liable for payment of the scheduled treatment.

I agree to abide by a 24 hour cancellation notice for any scheduled massage. I understand I may be charged up to the full amount of service for missed appointments or for any cancellations with less than a 24 hour notice.

I agree that I am of legal age (18 years old) and that if I am not, I agree to have my parent or guardian sign a parental/guardian release form before treatment.

Signature of Client _____ **Date** _____

Signature of Massage Therapist _____ **Date** _____